

DESERT AIRMAN

Vol. 60, No. 26

Davis-Monthan Air Force Base, Ariz.

Friday, June 30, 2000

Around D-M

Gate closure

The Swan Road, Wilmot Road and Irvington Road gates will be closed Monday and Tuesday. The gates will return to normal operating hours Wednesday. For more information call Master Sgt. David Wilson at 8-2426.

Legal and MPF hours

The 355th Wing Law Center and the military personnel flight will have extended hours July 12. In addition to regular legal assistance hours, the law center will be open from 4:30 to 8 p.m. for military members and their families for walk-in legal assistance. Customer service at the MPF will be open from 7:15 a.m. to 8 p.m. for military members and their families.

Commissary hours

The commissary will close Tuesday in observance of Independence Day. The mini-commissary will be open from noon to 8 p.m. Both commissaries will return to regular business hours Wednesday. For more information call the commissary at 8-3116.



Talent show

(Bottom left) Bob Salvatus sings "He is so Good to Us," while his wife, Ludy, plays the piano accompaniment. (Top left) Ludy plays the piano as her husband sings. They won 2nd place during the talent show June 15. (Top right) Betty Ryan sings "Big Star" and walked away with the third-place award. (Bottom right) Anthony DuPree took first place for his musical talents, both singing and playing the guitar. The talent show was hosted by the community center and held at the Davis-Monthan Air Force Base theater. For more information on upcoming events, ongoing classes and activities held at the community center, call Mike Russo, community center director, at 8-3717.



Photos by Airman 1st Class Latonia Brown

Days since
last D-M
DUI:

12

Need a ride? Call Airmen
Against Drunk Driving
at 850-2233.

(Current as of Thursday)

Cadets receive exposure to D-M

By 2nd Lt. Danielle Burrows
Public affairs

If the airmen on base seemed unusually young this week, they may have been taking part of the 'airmen-in-training' encampments at Davis-Monthan Air Force Base.

Cadets from three Southern Arizona high schools' Junior Air Force Reserve Officer Training Corps and the Arizona Civil Air Patrol were on base June 18 through Saturday, learning Air Force customs and courtesies, close-order drill, communications and speech, and dress and appearance skills.

Third-year Air Force Academy cadets are also at D-M for 'Operation Air Force,' where they learn about different career fields in the Air Force by shadowing active-duty members.

"These cadets are one source of potential recruits for the future Air Force," said Staff Sgt. Travis Bolt, 355th Equipment Maintenance Squadron, assistant Jr. AFROTC program coordinator. The encampment also allows members of the base to play the part of mentor, he said.

Airmen from D-M served as classroom instructors, evening mentors,

physical training and drill instructors, field trip chaperones, tour guides and guest speakers for the encampment students.

"Training instructors instilled teamwork, leadership, esprit de corps, discipline, integrity, honesty and respect towards others as well as for themselves," said Tech. Sgt. Wendy Brazier, 355th Wing Protocol and Jr. AFROTC program coordinator.

In-class instructors presented Air Force history, the Code of Conduct, the Laws of Armed Conflict and the Uniformed Code of Military Justice.

See Cadets Page 5

Commander's Corner 8-4747

Supporting each other and working together to provide the best programs and services is a common goal we all share as members of Team D-M.

Ideas, suggestions, comments and kudos are an important ingredient for continuous improvement.

The fastest way to pass along comment or to get an answer to your concern is to contact the agency chief or functional manager listed here.

Still no solution? The Commander's Corner phone line is available 24 hours a day, or you can send an e-mail to us at: 355thWing.CommandersCorner@dm.af.mil.

If you leave your name, phone number and a message, you'll receive a prompt reply, either in writing or by telephone. We will honor your confidentiality, but some-



Col. Bobby Wilkes
Commander,
355th Wing

times we need to contact callers to gather additional information. If your concern is of general interest to the base populace, the response may be published in the *Desert Airman*. Anonymous calls may not be published in the newspaper, we recommend you leave a phone number if you'd like us to provide an answer.

AAFES Agencies	748-7887
Accounting and Finance	8-4964
Chaplain	8-5411
Civil Engineering	8-3401
Clinic	8-2930
Commissary	8-3116
Family Support	8-5690
Fitness Center	8-4556
Housing Office	8-3687
Inspector General	8-5633
Legal	8-5242
Lodging	8-4845
Military/Civilian	
Equal Opportunity Office	8-5509
Military Personnel	8-5689
Public Affairs	8-3204
Security Forces	8-6178
Services	8-5596
Transportation	8-3584

Security forces

Comment: I want to commend your security police force; one young lady in particular who was on duty Saturday (in a jeep-type vehicle with dogs). I had a vehicle breakdown and she stopped to assist. There was not much she could do, but she did give me a ride to the auto hobby shop. I really appreciated that, because without her it would have been a long, exhausting walk.

Next, I would like to compliment Dean Queen, who is an assistant at the auto hobby shop. He gave me even more assistance, giving me a ride to the vehicle, getting the vehicle back to the hobby shop so we could make the necessary repairs. Once again, I greatly appreciated the help.

Response: Thank you for taking the time to identify the excellent service you received from our 355th Security Forces Squadron and the auto skills center. It is always a pleasure to hear feedback letting us know that our efforts do make a difference. This type of performance is the

norm for our auto skills center staff. The center offers a wide variety of programs that are beneficial in providing a better quality of life for the base populace. This section is just a small part of the 355th Services Squadron, which has several outstanding programs beneficial to the entire D-M community. The 355th Security Forces Squadron is also top-notch in what they do. Every day 355th SFS members keep D-M streets safe, and answer the calls of anyone in need. Again, thank you for your comments. Our airmen truly appreciate them.

Commissary

Comment: I was checking out at the Commissary, when I suddenly fainted. Three employees: Katherine Crock, Melody Alberts and William Alberts, were extremely kind and helpful in monitoring my vital signs, giving me comfort and calling the paramedics. It was a frightening experience, but they were kind and went out of their way to help. I want to commend them and bring them to your attention.

Response: Thank you for taking advantage of the Commander's Corner and letting us

know about your experience. We have forwarded the card you sent to the commissary headquarters the employees may receive recognition. Local management has thanked the employees and a copy of your comments will be kept in their personnel folders. Thank you for bringing these employees to our attention. This incident had a fortunate ending and it just goes to show that life-saving skills may very well be called into use when you least expect them.

Playground safety

Comment: My daughter was playing at the Bennet Court playground in housing, twisting on the swing. When the swing untwisted, the chain broke and threw her to the ground. Her collarbone was broken and she had to be taken to the emergency room and now must wear a brace all summer. I would like some safety inspections done on the park playground equipment. I called the maintenance office and was told they have no legal contract to inspect the park. I told them it was not safe for children to play there. I just don't want anyone else to get hurt. Can't something be done about inspecting playground equipment?

Response: We are sorry to hear about your daughter's injury and hope her recovery is a quick one. I can assure you that inspection procedures are now in place. The playground equipment in family housing is inspected and maintained by a licensed and certified playground equipment maintenance company. The company provides inspections and repairs every 60 to 90 days, or when required. Inspections and repairs ensure the equipment is maintained in accordance with the Consumer Product Safety Commission playground safety standards. We also must ensure equipment meets safety requirements for family day care providers in family housing. The swing set, which your daughter was playing on, was repaired the next day. Playground equipment is built to withstand wear and tear resulting from normal use. Parents are responsible for watching their children in the playground areas to ensure that misuse of the equipment does not occur that could result in an injury. For more information or to report any problems or concerns, call Beth Wilson, housing facilities chief, at 8-6609. Thank you.

Advertising

Atlantic Challenge Cup returns to the United States

Two 355th Security Forces Squadron members were part of the eight-member U.S. Air Force Security Forces rifle team who resoundingly defeated England's Royal Air Force Regiment during the Atlantic Challenge competition at Bisley Camp, United Kingdom, in May.

The Atlantic Challenge brought approximately 100 competitors together from England's RAF team, the Royal Army and the U.S. Air Force as they attempted to shoot their way to glory in five combat rifle shooting matches. At the end of the competition, the individual scores of the six best shooters – United Kingdom and United States – were added together. Capt. Allan Fiel, U.S. Air Force team captain, and Staff Sgt. Guy Dashnea, one of the six U.S. Air Force team shooters, both 355th SFS members, helped the U.S. team beat the RAF team by 265 points, the largest defeat to date.

The rifle team won the Atlantic Challenge Cup, awarded to the best security forces team. The cup returns to the United States after being lost to the British in 1998. There was no competition in 1999 due to the Kosovo crisis.

Even though the U.S. team won every match, the only cup they could bring home was the Atlantic Challenge Cup, which is the culmination of all events. The other cups are Regimental Silver and can't leave England.

The competition dates back to 1986 with the British winning the

first eight years, and the U.S. team winning three of the last four competitions.

"What was special about this year's competition was how well the team did against a very strong RAF team, which included two past Queen's Medallists winners, an award annually presented to England's best RAFR shooter," said Senior Master Sgt. Steve Barton, one of three U.S. Air Force Security Forces coaches.



Courtesy photo

Staff Sgt. Guy Dashnea, 355th SFS military working dog handler, aims at target during the Atlantic Cup Challenge competition in the United Kingdom.

The team began to form in January when all major commands were asked to have their top shooters send in resumes. Twenty-eight highly competitive resumes were sent to the team coaches. Most perspective team members were shooters with local, MAJCOM, national and international competition experience.

Then, the resumes were ranked, and the top 10 shooters were invited to a tryout camp at Camp Robinson, Little Rock, Ark. The security forces team received marksmanship training on courses of fire similar to what could be expected in England.

"I submitted my resume and was selected along with nine others to train at Little Rock, and was fortunate enough to be one of the six shooters selected to compete at Bisley Camp, UK in the Atlantic Challenge," said Staff Sgt. Joe Provo, combat arms weapons instructor at the Medina Annex, Lackland AFB, Texas. Provo finished third in the overall field of 96 competitors.

After six days of tryouts, the top six shooters were chosen to travel to the United Kingdom and comprise the U.S. Air Force Atlantic Challenge Team.

The team arrived at Camp Robinson April 17 and shot every day until leaving for the United Kingdom on May 1.

"The biggest challenge was to take team members from all over the world, who possessed a variety of specialized shooting skills and train

them on very different courses of fire from what they were accustomed to, said Fiel. "They had to come together as an effective team and work at a world-class level in a very short amount of time."

The team was trained in the use of optical sights, which are not normally used as everyday equipment issued with the M-16. Also, much time had to be spent teaching the shooters how to learn to judge the wind and determine the affect wind has on bullet trajectory at 300, 400 and 500 meters.

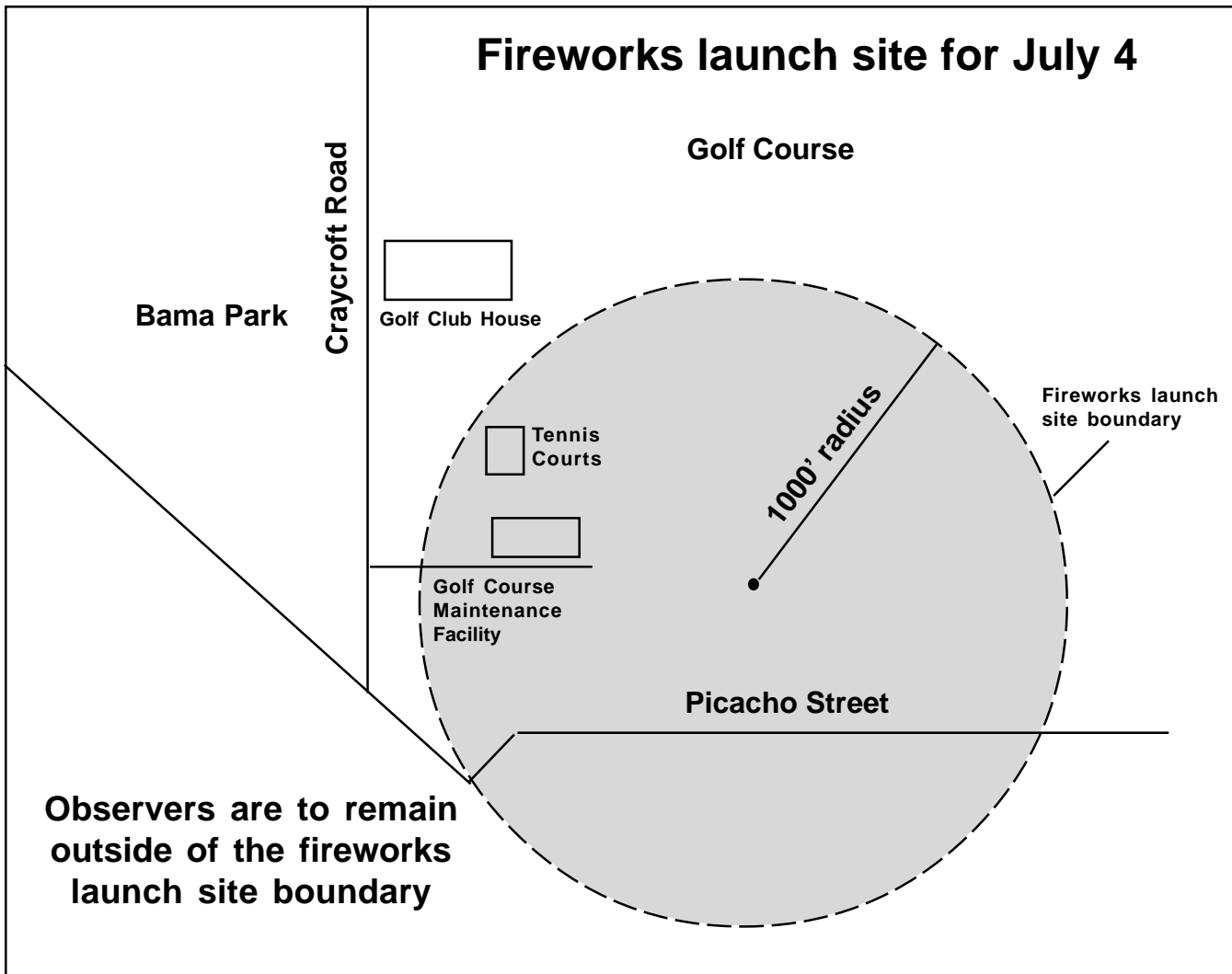
"We really spanked them this year thanks to a new optical sight we used on our M-16s," explained Barton.

"This year was the fifth year we have used optic sights," said Staff Sgt. Brian Seveyka, combat arms gunsmith, Media Annex, Lackland AFB. According to Seveyka, the sights used this year were "outstanding."

"The competition is an incredible opportunity in the security forces career field. There are few places where one can get the level of training required to be competitive at the long ranges and exacting courses of fire that the Atlantic Challenge Competition provides," said Fiel. "It brings together security forces troops from all over the world with a variety of backgrounds and bonds them tightly. Moreover, interaction with our coalition partners is always very valuable." (Courtesy USAF Security Forces Team)

Advertising

Fireworks launch site for July 4



Graphic by Staff Sgt. J. Elaine Phillinganes

July 4th celebration

The 355th Services Squadron will host an Olde Time Fourth of July celebration in Bama Park starting at 6:30 p.m. There will be live music, food booths and at 8:45 p.m. a 25-minute fireworks display. For more information or to set up a food booth, call Jody Evans, 355th Services Community Support Flight chief, at 8-4381.

Holiday hours

Services facilities that will remain open throughout the weekend and the holiday include the fitness center, golf course swimming pool and dining facility.

The fitness center and annex will be open 9 a.m. to 7 p.m. Tuesday and normal operating hours for the rest of the week.

The hours of operation for the Desert Inn Dining Facility will be Monday from 6 to 8 a.m., 10:30 a.m. to 1 p.m. and 4 to 6 p.m., and Tuesday from 6 to 8 a.m., 10:30 a.m. to 1 p.m. and 3:30 to 5:30 p.m. The In-flight Kitchen will be closed Saturday through Tuesday.

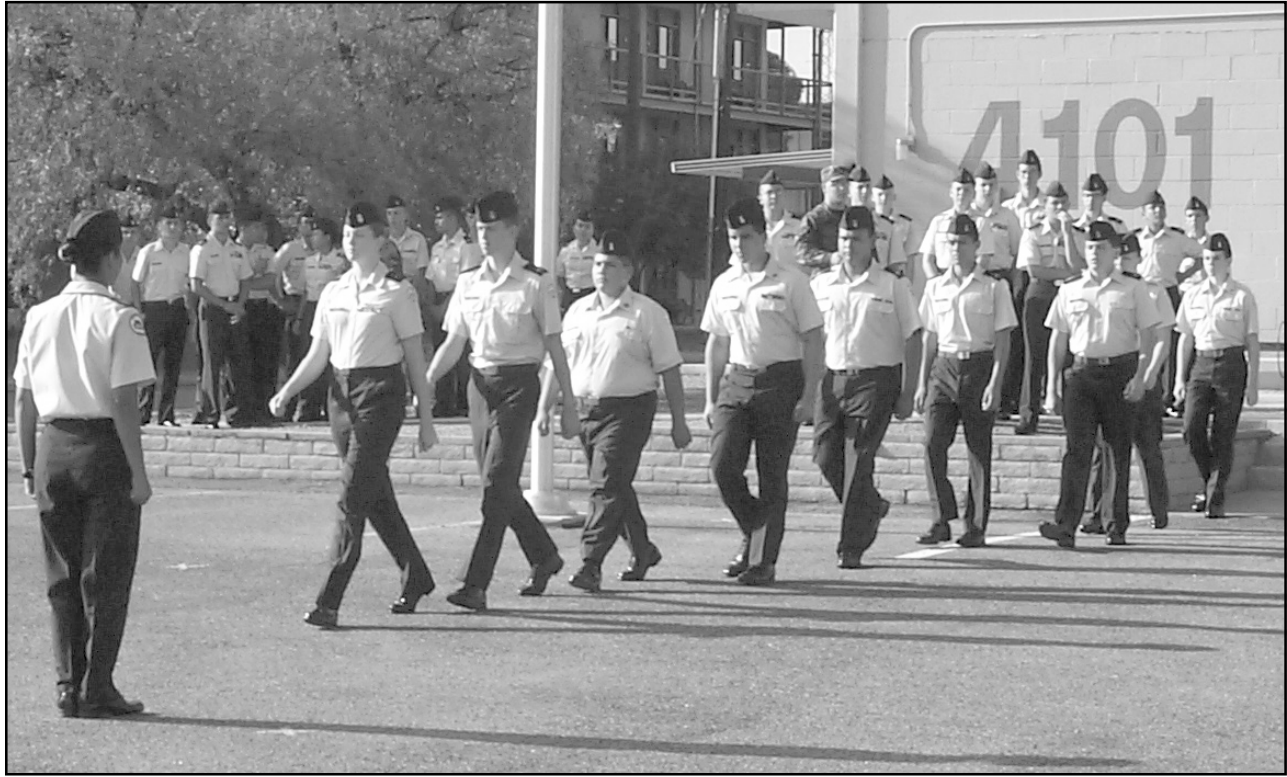
For more information call Steve Jacobs, 355th SVS public affairs specialist, at 8-5950.

Advertising



Senior Airman James Jobes

Senior Airman Tony Shirley, 42nd Airborne Command and Control Squadron, explains airborne battlefield command control and communications operations to Civil Air Patrol cadets.



2nd Lt. Danielle Burrows

Junior Air Force ROTC cadets are evaluated by Davis-Monthan Air Force Base members on their execution of drill movements. D-M airmen served many roles for cadets during their visit to help them learn more about Air

Force customs and courtesies, close-order drill and other skills. They also received a brief overview of the Air Force history, the Code of Conduct, the Laws of Armed Conduct, and the Code of Military Justice.

Cadets

Continued from Page 1

“We were extremely impressed with the outstanding support we received from the wing and snowbird operations, who provided billeting free of charge, which enhanced the amount of cadets who could attend,” said Lt. Col. John Sokolsky, 355th Operations Support Squadron commander, who was the Civil Air Patrol liason officer.

“Also, thanks to the support group for providing use of the community center and dining

facility and the operations group for their speakers.”

Cadets also learned self-aid and buddy care, search and rescue, and fire safety as well as chemical warfare, global engagement and other topics.

They discussed the wide array of Air Force careers with specialists from the fields of medicine, munitions, security forces, avionics and finance, among others.

“Ops Air Force gives the cadets an idea of

what the Air Force is really like and an appreciation for the different career fields,” said Lt. Meg Stohlman, a logistics group representative for the Operation Air Force, who also attended the program when she was a cadet at the Academy.

“It prepares you in a way classroom instruction can’t.”

“The staff was excellent,” said Jr. AFROTC Cadet 2nd Lt. Amber Johnson. “They taught us things we will use for the rest of our lives.”

Advertising

(Editor's note: The following is the 1999 Davis-Monthan Air Force Base Drinking Water Consumer Confidence Report. It is provided by the 355th Aerospace Medicine's Bioenvironmental Engineering Flight. The author of this report is 2nd Lt. Goldie Boone)

What is a Consumer Confidence Report and why am I receiving it?

This is a report on the quality of water delivered by Davis Monthan AFB to its residents. It is mandated since 1996 by the Environmental Protection Agency under the "Consumer Confidence Reporting Rule" of the federal Safe Drinking Water Act.

This is an initial report and subsequent reports will be published every year by 1 July.

This report presents information on the source of our water, its constituents and the health risks associated with contaminants.

How is the quality of drinking water on Davis-Monthan Air Force Base?

We are pleased to report that our drinking water is safe and meets federal and state requirements.

Davis-Monthan AFB routinely monitors more than 100 constituents in your drinking water according to federal and state laws.

The table below shows the analytical results of constituents that have exceeded detectable limits throughout our continuous monitoring for the period of Jan. 1, 1994 to Feb. 16, 1999.

As you will see in the table, only

six contaminants exceeded their detection limits but none have exceeded the maximum contaminant level, or more commonly known as the federal and state standard.

Generally, where does drinking water come from?

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells.

As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include: microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.

Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses.

Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial pro-

cesses and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems.

Radioactive contaminants, which can be naturally-occurring or be the result of oil and gas production and mining activities.

Where does the water on Davis-Monthan come from?

Our ground water is drawn from 11 wells throughout the base. The well water is introduced to the base distribution system through eight points of entry.

These eight POEs are where the majority of samples are collected for analysis and comparison to Environmental Protection Agency and State of Arizona standards.

Why is our water tested?

In order to ensure that tap water is safe to drink, EPA prescribes regulations which limit the amount of certain contaminants in water provided by public water systems.

This testing is conducted by the 355th Aerospace Medicine Squadron's Bioenvironmental Engineering Flight

Food and Drug Administration regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants.

The presence of contaminants does not necessarily indicate that water poses a health risk.

More information about con-

taminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline (800-426-4791).

We continually monitor the drinking water for contaminants. Our water is safe to drink.

Some people may be more vulnerable to contaminants in drinking water than the general population.

Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections.

These people should seek advice about drinking water from their health care providers.

EPA and Center for Disease Control guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline.

Who do I contact for local information?

If you have questions concerning the content of this report, or would like to review sampling data, please contact the Bioenvironmental Engineering Flight at 8-5369.

If you have questions about the distribution system itself or how water is supplied to you, please contact the 355th Civil Engineering Squadron's Utility Element at 8-4167.

What does this mean?

The table below shows that specific contaminants have been detected in the drinking water, but are far below the EPA Maximum Contaminant Levels.

Key Definitions:

Non-Detects - laboratory analysis indicates that the constituent is not present.

Parts per million or milligrams per liter - one part per million corresponds to one minute in two years or a single penny in \$10,000.

Parts per billion or micrograms per liter - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Picocuries per liter - picocuries per liter is a measure of the radioactivity in water.

Action level - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Treatment technique - A treatment technique is a required process intended to reduce the level of a contaminant in drinking water.

Maximum contaminant level - The "maximum allowed" is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum contaminant level goal - The "goal" is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Contaminant <i>Likely Source of Contamination</i>	Violation (Y/N)	Level Detected	Unit Measurement	MCLG	MCL
Microbiological Contaminants					
Total Coliform Bacteria	N	0	Colonies Per 100 milliliter	0	presence of coliform bacteria in 5% of monthly samples
<i>Naturally present in the environment</i>					
Radioactive Contaminants					
Alpha emitters	N	6.9 pCi/L (Highest) 3 - 6.9 pCi/L (range)	pCi/L	0	15
<i>Erosion of natural deposits</i>					
Inorganic Contaminants					
Barium	N	0.056 ppm (highest) 0.018 - 0.056 (range)	ppm	2	2
<i>Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits</i>					
Copper	N	90 Percentile 0.287 ppm	ppm	1.3	AL=1.3
<i>Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives</i>					
Fluoride	N	0.4 ppm	ppm	4	4
<i>Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories</i>					
Lead	N	90 Percentile 4.0 ppb	ppb	0	AL=15
<i>Corrosion of household plumbing systems, erosion of natural deposits</i>					
Nitrate (as Nitrogen)	N	1 ppm (highest) 0.6 - 1.0 ppm (range)	ppm	10	10
<i>Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits</i>					

Career broadening offers great opportunities for officers

Air Force officers who want to enhance their career and experience something outside of their specialty should check out the opportunities offered through career broadening.

There are a variety of positions available, which give line officers an opportunity to get an expanded view of the Air Force and develop some skills they may not be able to develop in their own career field, according to Lt. Col. Charles Kelker, career broadening branch chief.

With positions such as aide-de-camps, air attachés, exchange officers, Air University instructors, Basic Military Training or technical school commanders, international politico-military affairs and protocol, there are a number of

opportunities available.

"The Air Force has been taking a strong look at developing leaders and one of the keys is to make sure the officer corps is broad in experience so they can succeed in a wealth of leadership positions," Kelker said. "Career broadening gives an officer that breadth of experience they might not get otherwise."

"For instance, someone in a specialty that does not have many overseas requirements may never get an opportunity to go overseas," he said. "If they want that experience, which is very valuable since we are an expeditionary force, they could volunteer for career broadening in an overseas area to gain that experience."

Officers who are interested in a career broadening assignment need to understand "there is a right time to do career broadening," according to Kelker. Historically, officers did career broadening after they've been in their career field between five and seven years. However, we are seeing more opportunities for field grade officers as the number of field grade career broadening requirements are increasing.

"There is no right time for everybody," Kelker said. "It just depends on what they've done so far and if their primary career field manning can support temporarily losing the officer to a career

broadening assignment."

Capt. Michelle Hamerla, 85th Mission Support Squadron military personnel flight commander, Keflavik, Iceland, said her career broadening assignment as an Air Force ROTC instructor at Kent University, Ohio in 1995, gave her a jump-start toward her graduate degree while also starting her down a path of diverse Air Force knowledge.

"My career broadening assignment experience gave me two years of close contact with officers from other career fields — for example, missileers and acquisitions officers," Hamerla said. "To be a good instructor, I had to know about all the career fields."

"People sometimes look at career broadening jobs with a 'What will that do for me?' attitude. That's not right," Hamerla said. "It's really about, 'What can I do for this job? What can I do that will make a difference?' That's the attitude that will make a difference."

Officers need to look at their career pyramid, talk to their assignment managers and their supervisors to find out when it's appropriate for them to consider a career broadening assignment.

Once that decision is made, they should indicate their special duty request on their Preference Worksheet and e-mail the point of contact here to let them know they are interested in a career broadening assignment.

"We're looking for officers with good attitudes, solid records, and a willingness to go out and learn something new," Kelker said.

For more information see the Career Broadening Assignments site on the Air Force Personnel Center Web page at www.afpc.randolph.af.mil. (Courtesy of AFPC News Service)



Staff Sgt. J. Elaine Phillinganes

Capt. Billi Hopkins, 355th Wing Chief of Command Post, aids one of her senior controllers, Tech. Sgt. Helen Ortega, during a command post shift. This is Hopkins' second career-broadening experience. Her primary Air Force Specialty Code is in the communications career field.

Advertising

Most service members will see pay hikes in July

By **Jim Garamone**
American Forces Press Service

Most service members will see their pay increase in July as a result of the final leg of the compensation triad passed by Congress last year.

Pay table reform goes into effect in July with about 75 percent of service members receiving raises of one-half percent to 5.5 percent, said Navy Capt. Elliott Bloxom, director of Department of Defense compensation. The other two legs of the triad DOD pushed last year were the overall 4.8 percent raise in January and retirement reform.

The increase in July is in addition to the January raise. "This is a permanent adjustment or correction to the pay table to reward performance over longevity," Bloxom said. "This restores some of the balance the pay table has lost over the last 50 years." He said the reform has two other effects: every promotion will be worth more in terms of abso-

lute dollars, and the table still provides meaningful longevity raises.

The percentage hike that people see in July varies depending on where and how much the pay table was out of adjustment, Bloxom said. Members will see changes if the table was out of whack or none if the table was about right — E-2 rates, for instance, don't change July 1, he said.

"The E-2 pay raise has historically been more than the E-3 or E-4 pay raise in terms of dollar values," Bloxom said. "We put a lot of money into the E-3 and E-4, such that, with that promotion it brings more than the E-2."

Regardless how much their pay increases July 1, all service members will benefit from the reform as they continue to serve and are promoted. "That's why I call it an adjustment," Bloxom said. "People will still get the this raise one, two, three or four years from now."

The officer pay table will receive a bigger boost than the enlisted table

because, Bloxom said, it was more out of whack. "We only get the officer pay table back to about 53 percent of a person's increases in pay due to promotion and 47 percent due to longevity," he said.

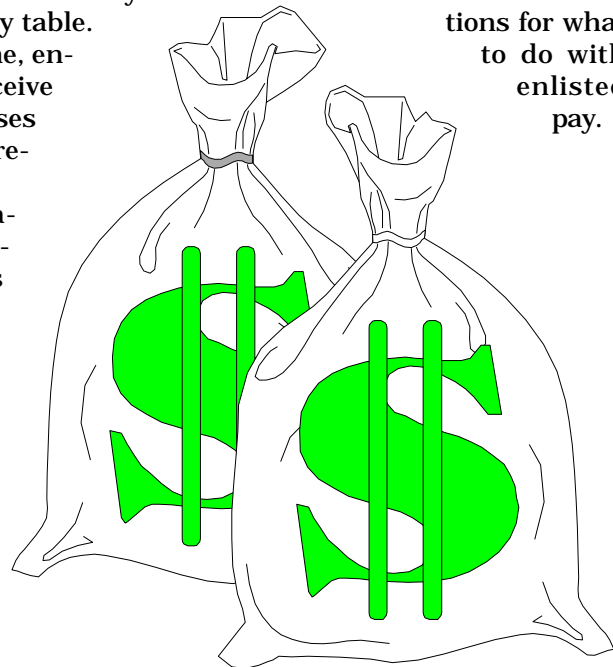
But, he said, overall more money went into the enlisted pay table. "So over the course of time, enlisted personnel will receive more successive pay raises as a result of pay table reform," he said.

He said the 9th Quadrennial Review of Military Compensation is now under way and the panel is looking at the enlisted pay table. He said Congress is also looking at pinpointed raises for mid-level NCOs.

"The 9th QRMC is looking at enlisted pay issues across the board from entry pay through the balance

that's struck between senior level NCO pay vs. officer pay — levels of responsibility, degrees of education," he said. He said he hopes that when the panel finishes, DOD will

see some concrete recommendations for what to do with enlisted pay.



Advertising

Control career path with knowledge

By Chief Master Sgt. Clarke Cummings
355th Communications Squadron

Aristotle said, "All men by nature desire to know."
Knowledge by itself is not, nor ever has been, enough for common man to get by in life. The application of knowledge (wisdom) determines which way a person goes in life. In my career, there are a few things I've learned I believe are worth sharing.

Know how to get what you want

Having a vague notion you want a job or a change in your life is not enough. You need to be able to figure out where you want to go within an organization—in this case the Air Force.

What is it you want to be promoted into?
Why do you think you're qualified for the position?
You may need to bolster your skill set to be in the running for the position you seek. When you do work to improve your skills, do it in a way that speaks to where you want to go. College? Professional military education? Have you done what it takes to make yourself more marketable than the next person? If you're truly interested in your future, learn computer skills and enhance your English language capabilities. The two are not mutually exclusive.



Chief Master Sgt. Clarke Cummings is the superintendent of the Information Systems Flight for the 355th Communications Squadron. He has served more than 24 years in the Air Force.

Make yourself known

Reach out and network with others in your career field, and senior managers who aren't. Learn about the position you wish to ascend to. If the position is outside your organization, give

your supervisor, senior managers and commander the courtesy of "knowing" what you're up to. They won't stand in your way if they're informed. Volunteer for a project inside your

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Welcome to Davis-Monthan


Italian Col. Giovanni Fantuzzi, Chief of 1st Office (General Planning and Policy Division); visiting the Aerospace Maintenance and Regeneration Center

Italian Col. Alberto Rosso, Division Leader, Logistics Branch for Manned Weapons; visiting AMARC

July Promotion Line Numbers

	13,140 - 14,596		0287 - 0380
	10,442 - Remaining		0209 - 0243
	5,176 - Remaining		

355th Wing Flying Goals

	Hours			Sorties			
	41st	42nd	43rd	354th	357th	358th	
	Goal	285	430	280	513	431	459
	Flown	286	372	257	428	338	342
	Delta	47	21	31	10	-21	-33
	YTD	115	194	48	54	12	20

As of Monday



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Easy steps keep family, friends protected from fire, burn injuries

With the onset of summer, our attention turns to fun, family, vacations, barbecues and camping. With a few easy steps we can keep family and friends, as well as ourselves, protected from fire and burn injuries by simply observing the following safety tips.

Cook with care

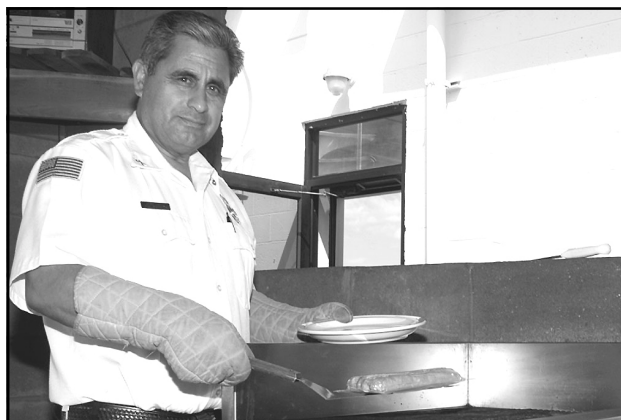
Whether you're cooking on a barbecue grill or an open fire, practice every precaution. Know how to build, rekindle and put out your fire. An adult should always be around to supervise children. Don't leave cooking fires unattended. Keep children away from cooking areas. Cooking utensils can be bumped in passing or grabbed by a child, causing serious burns. Wear close-fitting sleeves when you cook. Loose sleeves can catch fire when they dangle near open flames. Keep potholders, dish towels, etc., a safe distance from open flames.

Barbecue grills

To start charcoal fires safely, use an electric starter, cake fire starter or charcoal starter and match. Never use gasoline. To start a propane gas grill, always light the match before you turn on the gas. Store and use these grills outside the house and not on the porch or under the carport. To rekindle a slow fire, tuck dry kindling under the coals and add charcoal if necessary. Never add any fluids to an existing fire.

Camp fires

First select your site. Avoid areas near buildings, fallen trees, tree trunks or low overhanging branches. Scrape away all leaves and litter down to bare earth for at least five feet on all sides of the fire. Dig a pit in the center of this circle and surround it with stones. Build fires downwind and at a safe distance (at least 50 feet) from your tent or structures. Keep a garden hose or other water supply or fire extinguishing equipment readily available for use. Before leaving your campsite, make sure the campfire is completely out. Drench it with water and smother it with dirt. Obey all local regulations.



Airman 1st Class Latonia Brown

Eugene Ortiz, a fire inspector for the base fire department, demonstrates proper use of protective mitts and a long-handled spatula when cooking on a grill.

Store fuels safely

Never store gasoline or any other flammable liquids inside the house. Put them in Underwriters Laboratory-approved metal safety cans with tight-fitting lids. Label them clearly and store them outside the house, away from heat and ignition sources, such as the pilot light on a water heater. When transporting butane/propane compressed gas cylinders, take precautions to prevent them from falling or being knocked over.

Cool a burn with running water

If someone gets burned, run cool water over the wound for five to 10 minutes. This will prevent continued burning and relieve some of the pain. Burns may be worse than they seem at first. If the burn is charred or blistered, see a doctor as soon as possible.

If clothing catches fire ... stop, drop and roll

If your clothing catches on fire, do not run — this only fans the fire. Stop where you are, drop to the ground, and roll over and over to smother the flames. Cover your face with your hands to protect it, as well as to shield your throat and lungs from burns. If someone else's clothes are on fire, push them to the ground and roll them over and over; or smother the flames with a blanket, rug or coat if available.

Summer is a time for fun, rest and relaxation. Don't let a moment of carelessness end the fun. For questions and additional information please call the Davis-Monthan Air Force Base Fire Prevention Section at 8-4333 or 8-6025.

Career path

Continued from Page 13

organization; this is part of unit cohesiveness and community. This allows you to gain exposure and use skills which are good to develop or at least showcase. When you support your unit, your unit will support you.

Remember, you must be sincere in your work; don't do it just to make yourself look good. When you do work to improve your skills, do it in a way that speaks to where you want to go.

State your intentions

Don't hide your reasons from your supervisor, senior managers or commander. Be up front and honest. As well, be up front and honest with the unit you wish to work for.

Furthermore, you don't have to wait for the "powers that be" to offer you a job change. If you don't ask, you won't get it, and this is where networking comes into play. Get to know your fellow career field specialists. Be polite when inquir-

ing on potential positions; don't be pushy. Believe it or not, not every job/position is career-field specific.

Sell yourself

When you find a position you know you qualify for, present your case via a resume with supporting documentation: enlisted performance reports, quarterly awards, letters of commendation/appreciation or special certificates for achievement.

Show the new unit you're aware of their need and you know you're the best person who can add to their mission success. Once again, be polite and positive.

Speaking from experience, I reached a point where I needed to move on to bigger and better challenges. After eight years on two, back-to-back, and very different headquarters staffs, I knew I needed to get back to the base-level and my core job skills. In all honesty I didn't think my efforts would pay off, but pay off they did.

Advertising

Check your skin to save your life

Excessive sun exposure is the leading cause of skin cancer

By Maj. Beverly Sabourin
355th Medical Group

(Editor's note: This article is the third in a series written on sun safety for Cancer in the Sun Month)

It's a hot, sunny day. Nothing new for Tucson, Ariz. You step outside for a deep breath of fresh air, close your eyes and turn your face to the sun. It feels so good. The soothing warmth of the sun on your skin . . . the healthy look of a suntan . . . the deep wrinkles and age spots . . .

That's right, wrinkles and age spots. Despite the image of a tan being "healthy," excessive exposure to the sun is responsible for much of the skin damage associated with aging. It's a lifelong process as your skin slowly accumulates the drying and damaging effects of the sun over time.

Much of the damage is merely cosmetic, but some can be deadly. Excessive sun exposure is the leading cause of skin cancer, by far the most common form of cancer diagnosed today. Almost half of all Americans who reach age 65 will develop skin cancer at least once.

Unfortunately, not all skin conditions are harmless. Almost 1 million new cases of skin cancer are diagnosed each year. Practically all are due to long-term sun

exposure. About 80 percent are basal cell or squamous cell cancers, the forms most easily treated. Still, it's important to recognize and treat any skin cancer early. Melanomas have more potential to spread, but with early detection, surgical removal usually results in a cure. If you have a sore that doesn't heal or a change in a mole or other skin marking, see your doctor promptly.

The three main types of skin cancer are basal, squamous and melanoma.

Basal cell skin cancers are common after age 40, especially in fair-skinned people. They rarely spread throughout the body and are almost always curable. However, about half of people who've had a basal cell cancer removed will have a second, similar cancer within five years. If left untreated, these cancers can severely damage underlying skin and bone.

Basal cell cancers can appear as waxy or pearly bumps, usually on your face, ears and neck. They can also appear as flat, pink, scarlike growths on your chest or back. They're usually diagnosed by a skin biopsy, a simple procedure to remove a piece of skin tissue for laboratory study.

Squamous cell skin cancers can be firm, red bumps or a flat, scaly and crusty growth on your face, ears, neck, hand or arms. They're more common in fair-skinned people after age 50. Squamous cell cancers have greater potential for spreading than basal cell cancers. With early treatment, they're almost always curable.

Melanoma is the least common but most dangerous skin cancer. Its incidence has doubled in the last 20 years, and it's estimated



Courtesy photos

(left) An open sore that bleeds, oozes, or crusts and remains open for three or more weeks. A persistent, non-healing sore is a very common sign of an early basal cell carcinoma. (middle) A shiny bump or nodule, that is pearly or translucent and is often pink, red, or white. The bump can also be tan, black, or brown, especially in dark-haired people, and can be confused with a mole. (right) A pink growth with a slightly elevated rolled border and a crusted indentation in the center. As the growth slowly enlarges, tiny blood vessels may develop on the surface.

that one in 75 Americans will get melanoma at some time. If treated early, it's usually curable. However, when the tumor has spread to lymph nodes or other organs, survival rates over the first five years are relatively low. Melanoma arises in pigment cells (melanocytes). It can develop anywhere on your body at any age and has a variety of appearances. Watch for small growths with irregular borders and red, white, blue or black spots. A growth that changes or is associated with itching or an abnormal feeling should also be brought to your physician's attention.

Check your skin. Though most skin cancers appear on parts of the body that are exposed to the sun, there are some that don't. Regularly inspect your skin for

changes. If you have a patch of skin or spot that changes color, shape or size, itches or bleeds, have it checked by a doctor. It may save your life. Sun protection is an essential part of the prevention of skin cancers.

There is no safe suntan. Skin cancer is highly curable only when caught early. It is much safer to prevent it than treat it. The keys to prevention are wearing protective clothing, staying out of the sun and using sunscreen. These also help minimize wrinkles, age spots and loose, sagging skin that result from too much sun. It's difficult to resist the appeal of a suntan. But remember there's a dark side to your tan. Every minute you spend unprotected in the sun adds up to damaged skin and the danger of skin cancer.

Advertising

Uncle Sam returns to support military

James Montgomery Flagg's most famous painting of Uncle Sam has been called back to serve the military again in a campaign to ask the nation to thank its service members.

This time around, Uncle Sam — declaring “I Want You” — becomes a spokesman for the Department of Defense Joint Outreach Initiative. Secretary of Defense William Cohen developed the program to maximize efforts to “reconnect” America with its military. The Armed Services YMCA, with graphics design assistance from Raytheon Corporation, has printed 200,000 posters. The National Guard and military Reserves are distributing more than half of the posters.

“We wanted to play a part in reminding people about the tremendous sacrifices our service members make,” explained Frank Gallo, Armed Services YMCA executive director. “We’re a part of the largest volunteer organization in America, the YMCA. It’s appropriate that we pay tribute to the military — an all-volunteer organization in its own right.”

Gallo, a retired Navy rear admiral, links the poster's roots to an incident on one of his trips to an Armed Services YMCA branch. “I was sitting near this young private in uniform and the flight attendant came up and asked him if he would like to sit in first class. The private was thrilled, and those of us who witnessed it, were happy such a nice thing would be done for one of our serving military members.

“We hope this poster inspires Americans into thanking their neighbor, friend, customer, who serves in the military, for their sacrifices,” he added. “Those who do will make somebody's day. I guarantee it.”

According to the Library of Congress Web page — <http://www.loc.gov> — Flagg's famous image of Uncle Sam was originally published as the cover for the July 6, 1916, issue of Leslie's Weekly with the title “What Are You Doing for Preparedness?” Its popularity made Uncle Sam the perfect image for the U.S. Army's World War II recruiting effort.

The Armed Services YMCA has resurrected the image to encourage people to thank military service members. Requests for more than 1,000 printed posters may be directed to the Armed Services YMCA at 703-866-1260, or e-mail asymca@asymca.org. For individuals or smaller requests, the poster may be downloaded at <http://www.asymca.org>.

The Armed Services YMCA, an affiliate of the nationally recognized YMCA, serves more than 50 program locations throughout the United States.

The Armed Services YMCA has resurrected James Montgomery Flagg's famous “Uncle Sam” painting to inspire people to recognize the commitment of people serving in the military.



Courtesy image



355th Mission Support Squadron

Description: Azure disc gray gloved hand base holding up a garnet globe girded sable, above three deltas with contrails or, thunderbolts of the last radiating sinister and dexter from base; scrolls below and above disc of the first, the motto, “Global Airpower Support” below and unit designation above; lettering of the last.- all fimbriated of the fourth.

Significance: The blue disc denotes the sky, the Air Force's

primary theater of operations. The three stylized aircraft, above all, represents the aerial mission of the 355th Wing. The gloved hand holding up the world is symbolic of the strong support the squadron provides wing personnel world-wide while the golden thunderbolts represents the speed and excellence with which the squadron's personnel accomplish their mission.

Lineage: The 355th Air Base

Squadron was activated June 6, 1942. Later, the 355th Air Base Squadron was redesignated the 355th Base Headquarters and Air Base Squadron. April 1, 1944, near the end of World War II, the 355th inactivated.

Aug. 18, 1955 the 355th Air Base Squadron was redesignated and activated.

Jan. 8, 1958, in the aftermath of the Korean War, the squadron was again inactivated. May 1, 1992, the 355th was again redesignated and activated as the 355th Mission Support Squadron.

Advertising

They're not the Social Actions office anymore

MEO staff adapts to name change; mission of service to commanders, supervisors, individuals unchanged throughout

Although some might think they only handle scandalous discrimination complaints, the 355th Wing Military Equal Opportunity Office is a proactive agency which offers a variety of services for commanders, supervisors and individuals. The wing staff agency runs the climate assessment program, human relations education, mediation services and special observances.

The assessment program consists of unit climate assessments and out-and-about visits. "The UCA helps commanders at all levels assess their organization's human relations climate," said Staff Sgt. Gregory Jarvis, MEO advisor. The assessment can be conducted six months after assumption of command or upon the commander's request, but is required at least every two years. Assessments include surveys, analysis of survey data, personal interviews and a final out-brief, including a written report.

"Additionally, as advisors to commanders, we make periodic 'out-and-about' visits to on- and off-base facilities and units. The purpose of the 'out-and-about' program is to meet people in our community in a non-threatening manner

and gather information about equal opportunity and quality-of-life issues," Jarvis said.

The MEO staff teaches several different classes on base. Human relations education is taught every other week for airmen, officers and civilians arriving at their first duty assignment. The MEO staff also conducts refresher training at the wing commander's Right Start Orientation for newly assigned airmen and training for future supervisors during Airman Leadership School. All three briefings cover policies on unlawful discrimination and sexual harassment along with the mission impact of human relations issues.

"Violence in the Workplace" is another basic awareness course, which is presented in coordination with the civilian personnel flight. Training includes non-sexual harassment, personality indicators, contributing factors, and roles and responsibilities.

In addition to these mandatory classes, the MEO office enhances the wing's mission effectiveness through awareness training. This specialized training is for individuals or groups based on an identified need or concern. Training topics include sexual harassment, unlawful discrimination, valuing diversity and other human relations issues. "Squadron commanders and first sergeants can call upon us to speak at commanders' calls," Jarvis said. "We are your advisors on equal opportunity."

Since teamwork is essential to mission accomplishment, the MEO office now offers an interactive team building workshop. This workshop is comprised of experiential exercises and discussion tailored to the unique needs of the requesting organization. Training



Airmen from the First Term Airman Center listen as an MEO advisor briefs them on human relations issues.

objectives include increased communication, greater support among team members, group problem solving and a clearer understanding of group processes.

All MEO staff members are Air Force certified mediators. Mediation is a conference between two or more disputing parties, moderated by a neutral third party and conducted in an attempt to resolve complaints, disputes or misunderstandings.

"We conduct mediation upon the commander's approval, along with the consent of the disputing parties. Mediation is available not only for attempting to resolve complaints of discrimination, but also for non-MEO issues, such as conflict resolution between co-workers or even neighbors," Jarvis said.

The MEO office is also the focal point for the ethnic and special observance program. Special observance months are designated to recognize the contributions and achievements of all Americans to our culture and to increase awareness, mutual respect, and understanding. MEO advisors provide each special observance committee with technical guidance when activities are planned.

"The ultimate objective of all MEO services is to improve mission effectiveness by promoting an environment free from personal, social or institution barriers that prevent Air Force members from rising to the highest level of responsibility possible based on their individual merit, fitness and capabilities," Jarvis said.

For more information regarding equal opportunity or to take advantage of any of these services, call the MEO office at 8-5509. (Courtesy 355th Wing Military Equal Opportunity Office)



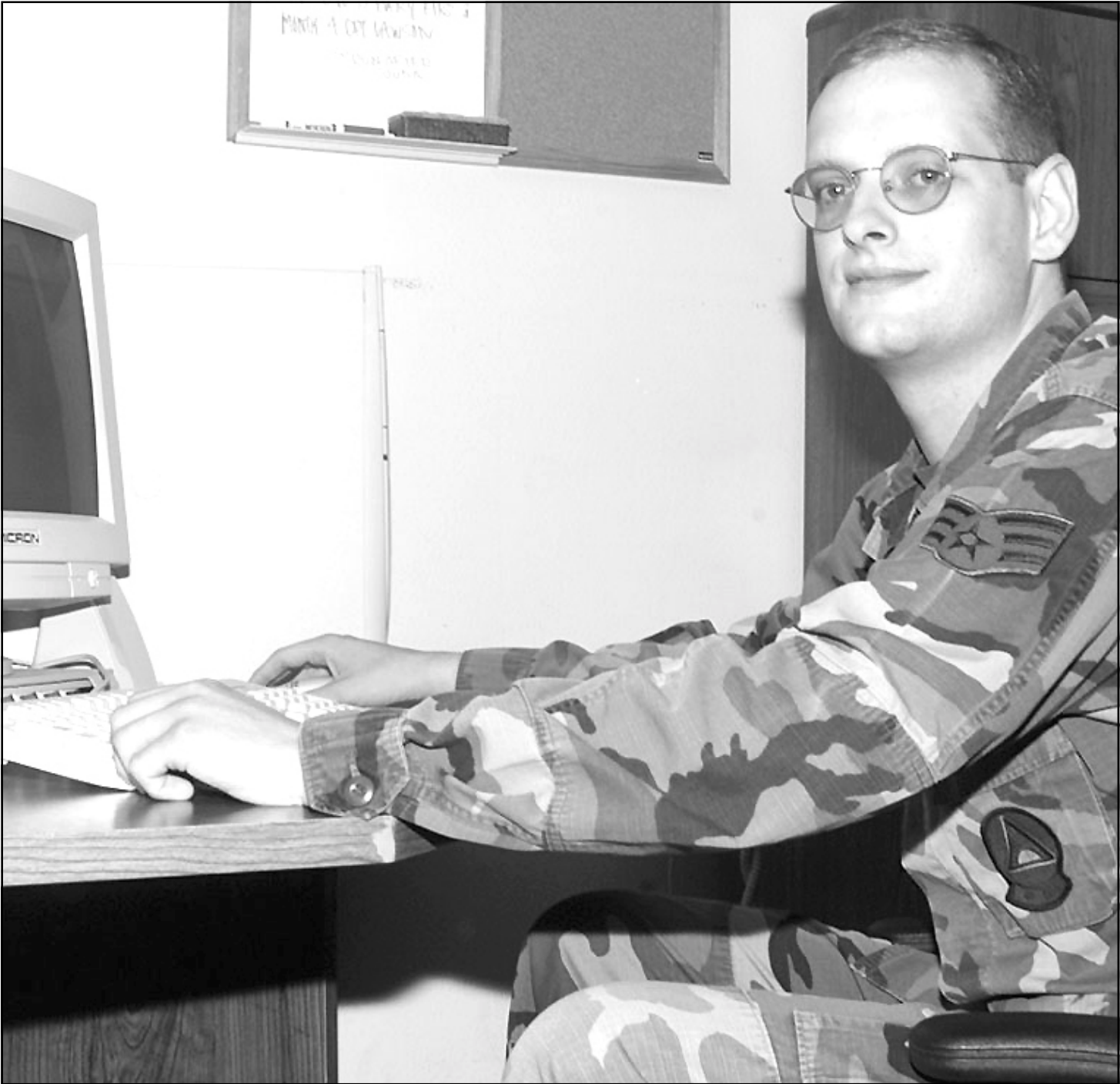
Staff Sgt. Greg Jarvis, a Military Equal Opportunity office advisor, makes a point with an airman attending a human relations briefing.

Photos by Airman 1st Class Latonia Brown

Sonoran spotlight

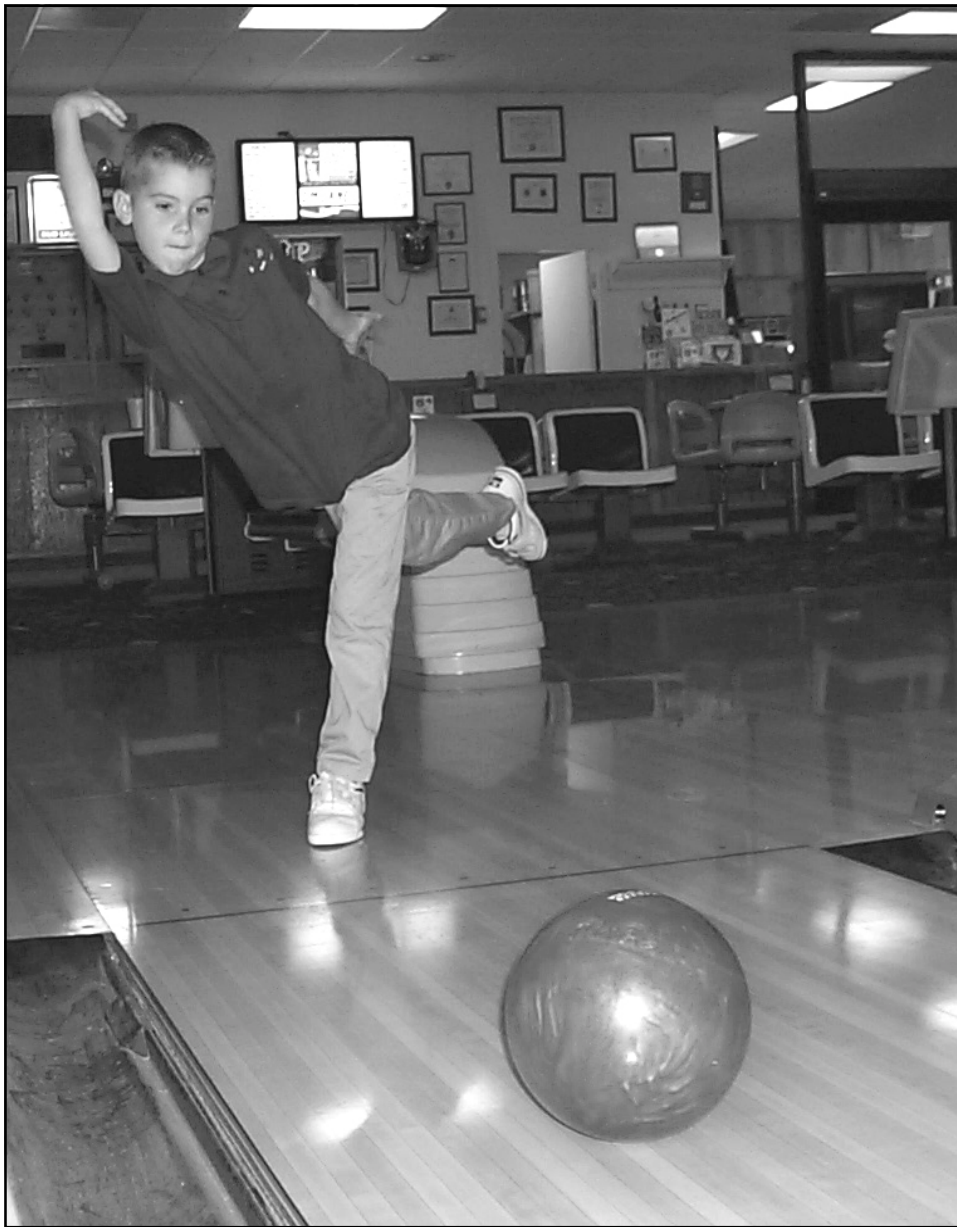


Name and rank: **Senior Airman John Smith**
Organization and duty title: **41st Electronic Combat Squadron; operations resource management journeyman**
Main responsibilities: **Maintaining, auditing and updating aircrew members' flying and ground currencies**
Best aspects of the job: **Interacting with a lot of people**
Hometown: **Philadelphia**
Years of service: **Three**
Why did you join the Air Force: **I joined to finish my bachelors degree**
Career goals: **To become a juvenile parole officer in Philadelphia**
Hobbies, outside activities: **Fantasy football and spending time with my family**
Favorite musical group: **Korn, Pink Floyd, Bob Marley, and Metallica**
Favorite sports team: **Dallas Cowboys**
Someone who inspires you or that you admire and why: **My parents; for all the hard work and effort they put into raising my brother, sister and me**
Dream vehicle: **Dodge Durango**
Dream vacation: **Going to every Dallas Cowboys game for the rest of my life**
Dream assignment: **McGuire Air Force Base, N.J.**



Airman 1st Class Latonia Brown

Advertising



Master Sgt. Dan Carpenter

Tyler Johnson's dedication, hard work and a new 10-pound bowling ball have helped him raise his average more than 20 pins.

Youth bowler starts early, has professional dreams

By Master Sgt. Dan Carpenter
Public affairs

When Tyler Johnson was barely old enough to walk, he started tossing a bowling ball at pins. Now, more than seven years later, the youth bowler is besting competition many years older than him, and has his sights set on a professional career.

Eight-year-old Tyler, son of Tiffany and Naval Officer Candidate Harlan Johnson, said he loves being at the bowling center. According to his father, who also coaches him, Tyler often practices his form walking around the house, or anywhere he can pretend he's bowling.

"He's always walking around swinging his arm and practicing his approach," Tiffany added. "I've never seen a child so dedicated to a sport ... and it translates to success when he bowls."

The Johnsons have lived in Tucson for a year, but prior to Harlan's beginning officer training at the University of Arizona's Naval Reserve Officer Training Corps, they lived (and Tyler bowled) in Oregon and Hawaii.

"When we lived in Oregon, I got to bowl and be coached in (pro bowler) Dave Husted's home

center," Tyler said.

"Dave was really wonderful to the kids," Tiffany said. "He paid tournament entry fees for several of them, in addition to coaching them."

Tyler's bookshelves at home are already filled with trophies, a testament to his skill at the bowling centers. He also recently received two new plaques he particularly proud of.

"I won the King title at one of the youth bowling association's annual tournaments, and also was selected as an all star," he said.

The King title signifies that he was the top youth bowler in Tucson for that tournament. He won that by bowling the highest over his average ... and beating several other youth bowlers many years his senior.

Tyler and partner Trevor Parker also won the city doubles -- handicap and scratch -- Feb. 12.

Tyler's highest game to date is a 185, and he's confident he'll better that as time goes on.

"I just started bowling with a heavier ball, and I've already improved my average by 20 pins."

As for turning pro some day, Tyler said there's one thing he'll enjoy most of all when he bowls: "The money."

Sports Shorts

July 4 golf tournament

The Blanchard Course's All-American Jamboree golf tournament is Tuesday. Players tee off at 7 a.m. in a four-person, best-ball format. The \$25 registration fee (\$20 for advance green fee payers) includes cart and prizes, along with hot dogs, apple pie and beverages at the turn. Sunday is the last day to enter. Come to the pro shop, or call 8-3734 for more information.

Youth soccer sign ups

Boys and girls, ages 5-12, can sign up for soccer from 2-6 p.m. July 15 at the youth center. A birth certificate is needed to register. Soccer on base begins in September. Younger children play through December, while the older children play through March. Volunteer coaches, timekeepers and other officials are needed. Call youth sports director Kathy Sands at 8-8373 for more information.

Soccer pick-up games

Interested soccer players can get together Sundays beginning at 11 a.m. at the base soccer field behind the auto hobby shop.

Games are played on a first-come, first-served basis, and all players must have protective equipment.

Soccer players needed

Boys 11 and older interested in playing for the Fort Lowell Red Devils can call Ed LaFrance at 296-0241. The team currently plays in an 11 vs. 11 format and is coached by Sonja Lukso. The team is also assisted by a nationally licensed "D" coach and an Air Force Soccer Team goalkeeper.

Reconditioning to improve fields

Mustang 1 and 2 softball fields are closed until July 19 for reconditioning. Reconditioning includes renovations and improvements to infields and outfields. Six inches of sandy topsoil will be removed from the infield, and replaced by six inches of clay composite. After leveling the outfield, new sprinkler heads will be installed, and existing sprinkler heads will be recessed. The work is funded with money from the Air Combat Command Installation Excellence Award, won by the 355th Wing in November. Please stay clear of the construction area. Call the fitness center 8-3714 for

more information.

Golf tournament

The 355th Contracting Squadron will hold a four-person 'best-ball' golf tournament at Blanchard Course July 7 to celebrate the departure of our commander, Lt. Col. Dave Glowacki. Everyone is invited. The \$30 fee includes golf, cart, barbecue picnic and prizes. The picnic will also serve as Glowacki's formal going-away luncheon. If you wish to only attend the picnic, the cost is \$5 if paid in advance. Please register yourself or team by today. Call Greg Manning at 8-4190 for more information.

Softball tournament

The 12th annual "Weekend Bash" softball tournament has been scheduled for July 22 to 23 at Lincoln Park. It is open to all Department of Defense intramural softball teams. Prizes will be awarded to the top four teams! The entry fee is \$160, but players save 10 percent by entering and paying before July 12. Call Greg Manning at 8-4190 for more information.

Exercise, strengthening program is life strategy

An exercise and strengthening program is a life strategy -- much like the way you bathe or brush your teeth.

Being fit and strong confers all types of advantages.

You improve your circulation, spirits, balance, and resistance to illness.

The basic principles of the program are few:

Gain knowledge about the exercise options available to you at Davis-Monthan Air Force Base.

The fitness center and the health and wellness center are good places to start.

Start slow, go slow. Don't push it, but keep it up.

Consult an exercise physiologist or your primary care manager to determine the type of program that is right for you.

A general prescription to receive the health value of exercise, is a half-hour session, three times per week, at an intensity hard enough to make your heart pound, make you sweat, and induce only minimal difficulty while carrying out a conversation.

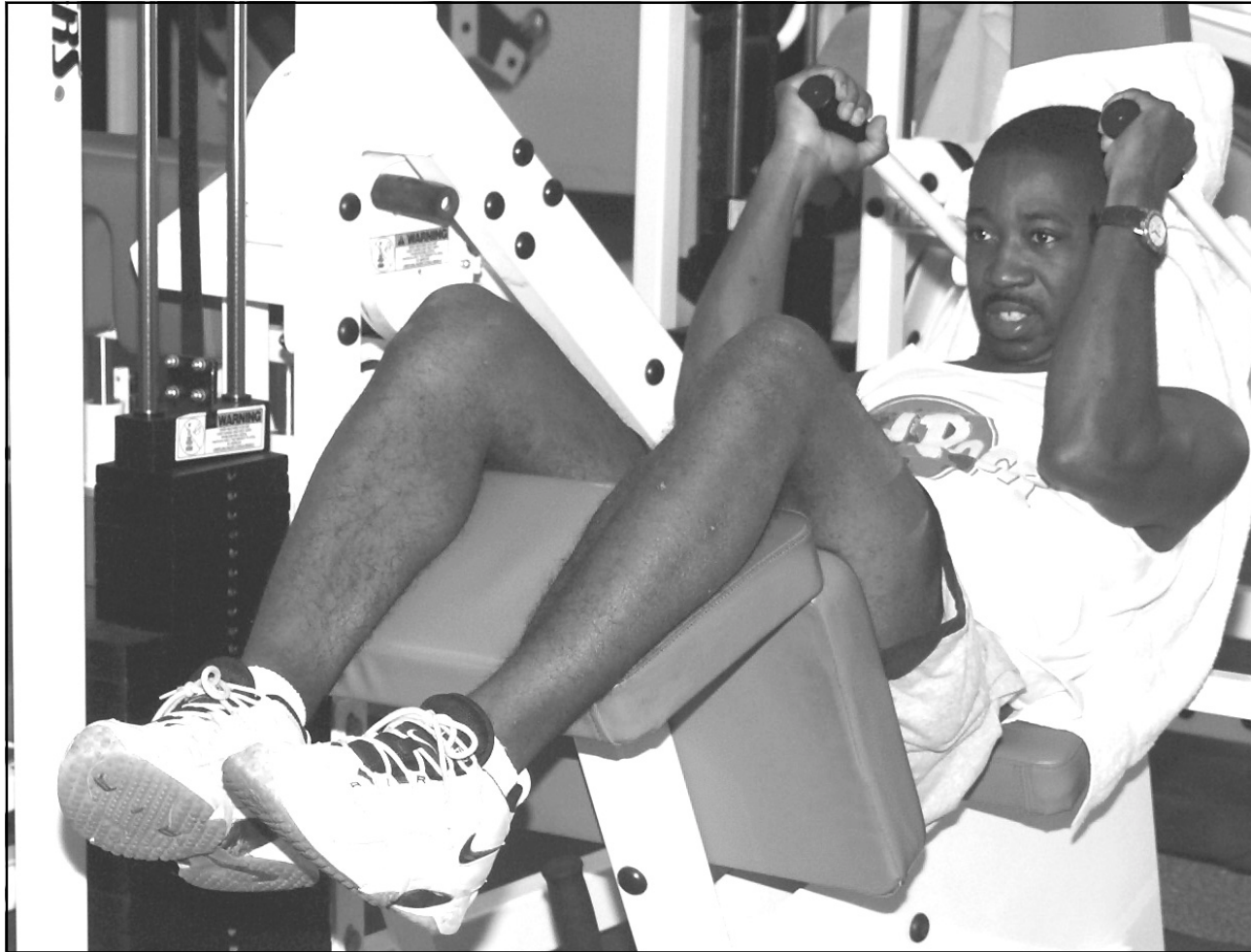
Try to have a schedule that will provide two or three workouts each week.

The strengthening program should be designed so that each movement is repeated approximately eight times in sequence.

Use standing, sitting, and lying as starting postures for the exercises, because each one provides a chance to use different muscle groups.

Lift weights (isotonic strengthening) instead of pushing against a fixed object (isometric strengthening).

Increase the amount of weight you use gradually.



Airman 1st Class Latonia Brown

Proper form and weight selection are keys to getting a proper workout. (above) Andre Talley tightens up on the fitness center's abdominal crunch machine.

Never overextend. Your aim is not to be the strongest person in the world- not even the strongest you- only a strong-enough you.

Inhale before you lift, exhale as you lift.

Never hold your breath.

If you are very sore after a workout, you have overdone -- back off and resume at a lower workload. *(Courtesy of the 355th Medical Group)*

Sports Shorts

Continued from Page 20

Bowling promotion

Bowling for Bucks has returned for another summer at the D-M Lanes. Win thousands of dollars in cash and prizes, including a \$500 D-M grand prize. The annual program is in three parts: Bowling for Bucks, Pinbusters and Bookbusters. Patrons of the major Bowling for Bucks promotion pay for 10 games and get two free; their punch cards are then eligible for monthly cash and prize drawings. All completed punch cards are automatically entered into the \$500 grand prize drawing. Pinbusters gives bowlers up to 18 years of age one free game for every three played. His or her punch card is entered into

monthly cash and prize drawings, and becomes eligible to win \$100 in cash and prizes, in an end-of-program drawing. Bowling for Bucks and Pinbusters punch cards are at the D-M Lanes. League and special event games do not qualify.

Bookbusters, for grades 1 to 12, combines bowling with the Library Summer Reading Program. Students who read three books get a free game and a chance to win monthly prizes. Cards, issued and validated by the D-M Library, are eligible for a final grand prize drawing of \$100 in cash and prizes. Bowling for Bucks continues through Aug. 31. End-of-program drawings are Sept. 8. Learn more about summer bowling at D-M Lanes, 8-3461, or the library, 8-4381.

Golf/lunch special

Golfers buying lunch any weekend get a second meal (equal or less value) at no charge, just by showing their golf receipt. This two-for-one special is valid Saturdays and Sundays, at the Eagle's Nest Restaurant. Call the pro shop, 8-3734, or restaurant, 8-7066.

Volleyball tryouts

All women interested in trying out for the D-M women's varsity volleyball team should call Airman 1st Class Chris Rodriguez at 8-4886 or 8-3224 or e-mail him at christopher.rodriguez@dm.af.mil. As soon as he gets a sufficient number of people interested he will hold tryouts. Also call Jay Junsay at the base gym at 8-3714.

Advertising



Chapel events

Protestant schedule

Today: Aim High Bible Study, 7 p.m., Chapel 1 annex. Call 889-1715 for more information.

Saturday: Couples' Bible Study, 7 p.m., call 749-5550 for more information.

Sunday: Contemporary Worship Service, 8:30 a.m., Chapel 1; Sunday School, 10 a.m., Chapels 1 and 2; Traditional Worship Service, 11:15 a.m., Chapel 2 annex; Inspirational Gospel Worship Service, 11:15 a.m., Chapel 1.

Tuesday: Singles' Bible Study, 7:30 p.m., Building 3220.

Wednesday: Midweek Bible Study, noon, Chapel 1; Prayer and Teaching Time, 7 p.m., Chapel 1; Youth Night, for middle and high school groups, Chapel 1, 7 p.m. Call 8-5411 for more information.

Catholic schedule

Saturday: Mass, 5 p.m., Chapel 1; Sacrament of Reconciliation at St. Joseph's Church, 4 to 5 p.m.

Sunday: Mass, 7:30 and 10 a.m., Chapel 1; Sacrament of Reconciliation, 9:15 to 9:45 a.m., Chapel 1; there will be no Confraternity of Christian Doctrine until September.

Monday through Friday: Rosary, 11:10 a.m., Chapel 2; Mass or communion service, 11:30 a.m., Chapel 2.

Wednesday: Rite for Christian Initiation 7 to 8:30 p.m., Chapel 1.

Islamic schedule

Today: Prayer service, noon to 2 p.m., Building 3220, third floor-west; educational classes, 6 to 8 p.m., Building 3220, third-floor west.

Visit the chapel's Web site at www.dm.af.mil/chapel for more information about chapel events.



Movie theater

Tonight: Held Up, (PG-13), 7 p.m.

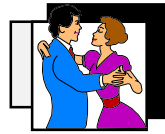
Saturday: El Dorado, (PG), 1 p.m.; Battlefield Earth, (PG-13), 7 p.m.

Sunday: Screwed, (PG-13), 7 p.m.

July 7: Gladiator, (R), 7 p.m.

July 8: Gladiator, (R), 7 p.m.

July 9: Road Trip, (R), 7 p.m.



On-base clubs

Officers Club

Today: Burger Burn is 5 to 7 p.m.

Saturday: Club closed through Tuesday.

Tuesday: Bama Park celebration and fireworks, 6:30 p.m.

Wednesday: Two-for-one steak night, 5:30 to 8 p.m.

Thursday: Two-for-one beef of chicken fajitas, 5:30 to 8 p.m.

Desert Oasis Enlisted Club

Today: Karaoke, 8 p.m.

Saturday: Club closed through Tuesday.

Sunday: Cabana is open, 1 to 8 p.m.; call 747-3234.

Monday: Cabana is open, 10:30 a.m. to 9 p.m.

Tuesday: Fireworks at Bama Park; Cabana Pizza closed.

Wednesday: Dollar-off night.

Thursday: Sports Bar opens at 4 p.m.; no evening dining.



Community events

Today: Colorama, 6 p.m. at D-M Lanes; Family Cosmic Bowl, 9 p.m. at D-M Lanes.

Saturday: Outdoor recreation open until

noon; Information, Tickets and Tours, community center closed through Tuesday; golf course, pro shop, restaurant open daily.

Monday: Fitness center/annex open, 5 a.m. to 11 p.m.; D-M Lanes closed today and Tuesday.

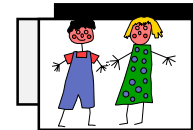
Tuesday: Fitness center/annex open, 9 a.m. to 7 p.m.; Fireworks show at Bama Park, 8:45 p.m.

Wednesday: All Services activities back on normal hours.

Services holiday hours

Most 355th Services Squadron activities will close Tuesday, and many others will be closed for the weekend, beginning Saturday. Remaining open throughout the weekend and holiday are: the fitness center, golf course, swimming pool and dining facility. Fitness center hours are normal except for Tuesday. Holiday hours for the center and annex are 9 a.m. to 7 p.m. Call 8-3714. Golfers can use the course and pro shop from sunrise to sunset, every day. The restaurant opens at 5 a.m. and closes at 4 p.m. Call the pro shop at 8-3734, or the restaurant at 8-7066. The pool is open Saturday, Sunday and Tuesday, 10 a.m. to 6 p.m., and closed Monday. Desert Inn Dining Facility hours on Monday are: brunch, 6 a.m. to 1 p.m., and supper, 4 to 6 p.m. Tuesday holiday hours are: breakfast, 6 to 8 a.m., lunch, 10:30 a.m. to 1 p.m., and dinner, 3:30 to 5:30 p.m. The In-flight Kitchen is closed, Saturday to Tuesday.

Patrons of all services squadron activities are advised to call before they go.



Youth programs

Today: Kids pay 50-cents to bowl (plus shoes) until 5 p.m.; youth center preteen dance for members, 6 to 9 p.m.

Saturday: Youth center open; child daycare center/family child care closed through Tuesday.

Monday: Youth programs closed today and Tuesday.

Advertising

Tuesday: Bama Park fireworks show.

Wednesday: Youth center ping pong for preteens/teens, at 6 p.m.

Thursday: Keystone Club meets at youth center, 2 p.m.

Lock-in

Preteens are invited to D-M's first Air Combat Command Pre-teen Lock-in July 14 at the youth center.

Pre-teens can party all night. There will be food, games, music and prizes, and phone lines will be open to other ACC bases for inter-base challenges. Everything starts at 9 p.m., and ends after breakfast, at 7 a.m. Sign up by July 11. Youth center members pay \$5; non-members pay \$7. Call the youth center at 8-8383.

'Lease' child care

At the child development center, unenrolled children can take the place of children who are temporarily absent. Parents whose youngsters are temporarily enrolled pay for care at the absent parent's rate; child care costs are based on total family income. Find out more from the CDC at 8-3336.

Photography class

A new youth center photography class, for age 7 and older, begins July 10. Sessions meet Mondays, 6 to 7 p.m., for four weeks. Novices and intermediate students learn how to take high-quality photographs with regular and digital cameras. Four weeks of instruction is \$15. Contact the youth center, 8-8383, for enrollment information.



Family support

Today: Strengthening Your Step-family, 2 to 4 p.m., community center, Building 4201.

Wednesday: Smooth Move seminar, 8 to 11 a.m., community center.

Thursday: Veterans Affairs Benefits Briefing, 9 a.m. to noon, community center; Funtime, 9:30 to 10:30 a.m., Chapel 1.

Couples workshop

The family support center is offering a workshop designed to strengthen the communication skills of adults in a relationship. It is called "Couples Communication" and will be offered July 14, from 2 to 4:30 p.m. at the community center. If growing closer is your goal rather than winning an argument, reserve a place by calling the family support center at 8-5690.

Resume, interview workshops

The family support center will conduct a resume writing workshop July 11 from 8 to 10 a.m. After learning how to write a quality resume, attend the interview workshop July 18 from 8 to 11 a.m. to help prepare for the job interview. Both workshops are held in community center. For more information or reservations, contact the family support center at 8-5690.



Courtesy photo

Silver Flag Alpha

(Left to right) Staff Sgt. Levi Cass, 355th Security Forces Squadron, leads Airman Orlando Rush, 355th SFS, Airman 1st Class Steven Brunson, 355th SFS, and the rest of the Alpha fire team as they prepare to tactically move around a corner during a mobile operations in urban terrain training exercise. The 355th SFS deployed a 13-person Security Forces Air Base Defense Squad to the Desert Warfare Training Center, Indian Springs AFAF, Nev., June 13 to participate in Silver Flag Alpha. The two-week training exercise operated by the 99th Ground Combat Training Flight designed to enhance participants' Air Base Defense skills. Classes included ABD operations, equipment utilization, tactical communications, leadership, combat first aid and weapons training. During the final five days, students set into motion the training they received during a field exercise. Troops perform a tactical convoy to a base, create a secure perimeter, establish communications and defend the area.

Sponsorship Training

The family support center conducts its next sponsorship class July 12 from 9 to 10 a.m. in the community center. This mandatory one-hour class for new sponsors covers effective sponsorship and offers useful products and information for sponsors, unit Right Start/INTRO monitors and alternates. This is an excellent training for sponsors to help new members and their families move to base. For reservations contact the family support center at 8-5690.

Volunteers needed

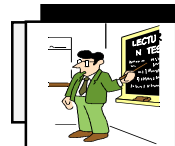
There are different on-going volunteer needs off-base. Upcoming are at Casa de los Ninos, Tuesday at Hi Corbett Field. Casa de los Ninos is working with KIIM Radio and will be sponsoring a Family Fun Festival.

Volunteers are needed for two-hour intervals at the information/volunteer booth and entrance/exit gates. Hours are between 2:30 and 8 p.m. Call Dan Gregory at 624-5600, ext. 500 to sign-up.

The March of Dimes needs volunteers to assist the Annual Reading Champions fundraiser and the Annual Jail and Bail fundraiser between August and October.

The mission of the March of Dimes is the prevention of birth defects and infant mortality through programs of research, education, advocacy, and community service. Call Christina Brennan at 298-5490 for more information.

tion. For additional information on these or other volunteer opportunities, call Clayton Moore at 8-6042.



Education services

Commissioning briefing

The commissioning briefing is now conducted at 8 a.m. every second Wednesday of the month at the education office. If you are interested in applying for a commissioning program, it is important that you attend this briefing prior to scheduling an appointment with a counselor.

Handouts with information about the different programs are available in the education office and information can be obtained at www.afoats.af.mil. Call the education office at 8-3813 or 8-4815 if you have questions or need further information.

Park University

Park University offers a Bachelor of Science degrees in Criminal Justice, Management, Social Psychology, Management/Accounting, Management/Human Resources and Management/Finance. Contact the office with any questions. You can call Park University at 748-8266, fax us at 750-8675 or reach us via e-mail at parkcollege@theriver.com.

Troy State University

Troy State University offers three graduate programs: Master of Science in Management, Master of Science in Human Resource Management and an Executive Master of Business Administration. It is possible to complete the MSM or the MSHRM in one year. All classes are held on weekends. Come by the office in Room 256 at 5260 E. Granite St. to discuss program requirements and to register for classes, or call 748-2625 for more information.



Other agencies

MPF Web site

The military personnel flight is on the Web. Check out all the helpful information regarding outbound assignments, retirements, separations, retraining, manning control and base training from the new Web page, <http://www.dm.af.mil/355mss>, by clicking "Military Personnel Flight".

Call Senior Master Sgt. Mark Van Huss at 8-3414, for questions.

Anti-terrorism briefing

The Air Force Office of Special Investigation Level 1 Anti-terrorism Awareness Training for members and their families going on a permanent change of station move or a temporary duty assignment to an overseas location is held Tuesday and Thursday at 8:30 a.m. in Building 3503, third floor.

Call 8-5168 for information.

Arms range danger zone

The small arms firing range, Building 165, is located at the far east end of Yuma Road on Davis-Monthan Air Force Base, 6.5 miles from the base proper. The borders of the range's impact area are marked with danger signs extending directly south and north of the range, all the way to Irvington Road.

This area is extremely dangerous due to the fact that live rounds of various types of ammunition are constantly being fired during the week and on weekends. Trespassing into this area is not only dangerous, but also illegal. In case of emergency or if entry into this area is required, please call 8-8377 or 8-8453. After duty hours, call the security forces law enforcement desk at 8-3200, 8-3517 or 8-2300.

MEO Web site

The 355th Wing Military Equal Opportunity Office now has a Web page designed to provide our customers with up-to-date information on what's going on in the Equal Opportunity world.

Human relations services we provide here at Davis-Monthan Air Force Base, equal opportunity policy letters, links to Air Force Instructions, and other sites relating to both military and civilian equal opportunity are provided at the Web site.

Access the site at www.dm.af.mil/355wgmeo.

354th FS change of command

The 354th Fighter Squadron will have a change of command ceremony July 10 at 9 a.m. in Building 4809, Hangar Bay 4. For information, call 8-4268.

Dormitory managers needed

The housing flight is looking for four motivated staff or technical sergeants to serve in the challenging and rewarding position of dormitory manager. Applicants must have at least two years retainability, not be in a critical career field and have a desire to improve the quality-of-life for residents.

If selected, you will be released from your career field, awarded a 9D000 Air Force Specialty Code, and start a two-year controlled tour. Sixty-seven percent of our dorm managers received promotion notifications recently. Contact Tech. Sgt. Dale Wilson at 8-6521 or e-mail dale.wilson@dm.af.mil.

Comptroller closed

The 355th Comptroller Squadron will be closed July 7 from 8:30 to 11 a.m. for a change of command.

For emergency pay services contact the base command post at 8-7400.

355th CPTS change of command

The 355th Comptroller Squadron will have a change of command ceremony at the Officer's Club July 7 at 9 a.m. Base personnel are invited to attend.

Policy change for selling leave

Reenlisting airmen who want to sell back accrued leave no longer need to be within 90 days of their date of separation. This policy is retroactive to Oct. 5, 1999. Members are still prohibited from selling back more than 60 days of accrued leave. For information, call Airman

Rhonda Howard or Airman 1st Class Krissy Conover at 8-4898 or 8-1066 or stop by Building 3200, Room 5.

Munitions storage area closure

The munitions storage area will be closed due to a 100 percent semi-annual inventory from July 10 to 21.

All munitions transactions for custody accounts must be completed prior to July 10. Any requirements after this date will require an emergency issue letter. Call 8-8911 for more information.

RV lot combination change

Family housing residents who are assigned a space in the mandatory recreational vehicle lot on Yuma Road are advised the current combination for the lot will be changed effective Wednesday.

The new combination is available to registered users at the housing management office, Building 2555 from 7:30 a.m. to 4:30 p.m., Monday through Friday. Call Dee Green at 8-5706 for more information.

BX holiday hours

Army and Air Force Exchange service facilities will operate on holiday hours Tuesday. Hours are: base exchange from 10 a.m. to 6 p.m., shoppette from 8 a.m. to 8 p.m., home and garden shop from 11 a.m. to 5 p.m. and BX food court from 11 a.m. to 5 p.m. All other AAFES facilities will be closed.

Refuse and recycling collection

Refuse collection for family housing and mobile home parks is on Tuesday. If a holiday falls on a Monday or Tuesday the pickup will be Wednesday. Your refuse container must be on your side of the street before 6 a.m. with the handle facing your house. Vehicles must be parked 15 feet from container for operation of refuse trucks. As a reminder, parents are responsible for ensuring that their children do not play around the refuse trucks and stay away from refuse cans being picked up. Do not dispose of items such as rocks, dirt, tree trunks, motor oils, gas or chemical products in your refuse container. If you need a copy of the refuse collection schedule and procedures handout, please stop by the housing office. All inquiries pertaining to the refuse collection should be referred to Dee Green at the housing facilities element at 8-5706.

Advertising